

Preview to Chronic Obstructive Pulmonary Disease in Hong Kong: A Guide for Primary Care Practitioner

Chronic Obstructive Pulmonary Disease: A Guide of Primary Care Practitioner in Hong Kong is a pocket size quick reference for doctors, nurses, dietitians, occupational therapists, pharmacists, physiotherapists and professionals working in primary care settings.

- Most updated information on the pathophysiology, prevalence, common risk factors and clinical evaluation of clients with COPD.
- Clinical considerations and pharmacological options in the management of clients with COPD.
- Discussion on the significant contribution of primary care practitioners to pulmonary rehabilitation: from the importance of physical management, home oxygen therapy to nutritional needs and management.
- Practical tips on lifestyle management and redesign to promote active engagement in self-care, physical and social activities and quality of life.
- Latest information on community services and resources for the clients with COPD and their family members.

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1. Overview of COPD
2. Pharmacological Treatment of Chronic Obstructive Pulmonary Diseases
3. Physical Management in COPD
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Centre for Health Education and Health Promotion
Faculty of Medicine, The Chinese University of Hong Kong
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A Guide for Primary Care Practitioner
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